



THE LION'S DEN

Your “*mane*” connection to Athletics!

Cross Country Runners in Action



A Message From Your Athletic President

Hi everyone! I'm Emma Minden, your Athletic Council President for this year. The Athletic Council has a lot of fun things planned for this year including spirit week, intramurals, and the athletic banquet. Joined by my team of executives, I hope to make this school year exciting and enjoyable for all.

Team: U-14 Boys Volleyball

The U-14 Boys Volleyball season is in full swing. The boys are showing great improvement with each game and practice. The focus this year is to have each player improve their basic skills and on court awareness so they can be great team leaders in future years.

Upcoming Games:

October 13th - Royal St. George's @ Crestwood

October 14th - St. Andrew's College @ Crestwood

Team: Junior Girls Basketball

The 2009-2010 Crestwood Junior Girls basketball team is comprised of a great mixture of talent, perseverance and drive. It was clear to the coaches from the very first tryout that the team exemplified good character and commitment, which is an important aspect for any team sport. Despite some tough competition in the first three games of the season, our girls are working hard in practice. The girls realize that a playoff position is in their sights. They will be playing their last games of the season away from school, but with the support of the student body behind them, they will be playing like Lions.

Upcoming Games:

October 21st - Toronto Montessori School @ Toronto Montessori School

October 28th - Albert College @ Albert College



Trivia

If you think YOU know the answer to this question, then submit your answer by the end of the day to droebuck@crestwoodprepco.com or jmasters@crestwoodprepco.com with your name and answer. If you get it correct, your name goes in a draw. At the end of the month we will pull names and you could win a prize!

Question: What are the names of Mrs. Newton's two kids?

Team: U-14 Boys Soccer

The U-14 Boys Soccer season started last week with a Tri-Meet at Holy Trinity. Crestwood won its game 4-2 over the host school HTS. CPC then faced a well rounded Sterling Hall, losing 4-0. Crestwood's regular season opened on Wednesday with a 5-5 draw to TFS. They followed this up with a 6-2 win over Crescent School this past week. Great play by all team members. The team is led at the offensive end by Kyle Martin, Sean Eylott, Moritz Dueval and Darcy Bloemen.

Upcoming Games:

October 15th – Bayview Glen @ Crestwood

Team: Junior Boys Volleyball

The Junior Boys Volleyball Team has started their season on a positive note. On September 23rd we travelled to Crescent School to play a mini-tournament. The boys played very well showing some excellent promising skills for future games to come. The team opened their regular season with an impressive 3-0 win over Trinity college school last week. A great effort was shown by all players. Keep up the great work!

Upcoming Games:

October 13th - Royal St. George's @ Crestwood

October 15th – York School @ Crestwood

Team: Senior Boys Soccer

The senior boys have a large team this year, carrying 20 players for the first time ever. With most of the team in grade 12, the boys are looking to make a run at the finals this year. Led by 4-year veteran players Mark Colvin and Jeremy Lee, the team boasts a talented midfield as well as a very athletic defensive core. With their commitment to fitness workouts at practice, they should be able to outrun any other team in the league. Come out and watch out home games!

Upcoming Games:

October 14th – Greenwood College School @ Cherry Beach

October 20th - Bayview Glen @ Crestwood

Team: Senior Girls Basketball

The Senior Girls Basketball team has had a great start to their season. The girls are on a four game winning streak beating St. John's Kilmarnock, York School, Albert College and Trafalgar Castle. Coaches P. Santomero and Newton have great hopes for the girls this season. Join the girls for their next upcoming home games to cheer them on!

Upcoming Games:

October 15th – Pickering College @ Pickering College

October 20th – Rosseau Lake @ Crestwood

Team: Varsity Ultimate Frisbee Tournament

Crestwood participated in the SSAF Ultimate Frisbee Championships at Bayview Reservoir Park on Sept. 22 2009. We played round robin games against WillowWood School, which we lost 8-7, and Town Centre Montessori, losing 9-3. In the quarter-finals we played against Metro Prep, with revamped lines, we lost in overtime. Our team showed great cohesion, smart defense and a willingness to put the team ahead of themselves. Special mentions to Oliver Casey, Jackie Gunton, Zach Wilson, Brandon Michael, Richard Bellack, Josh Goldstein, Arthur Cooke, Emma Minden and Delane Boayke. I am very proud of our performance and look forward to next year's tournament.

